

# Which medical expenses can be paid for with tax-deductible FSA funds?

The following is a partial list of eligible/potentially eligible/ineligible medical expenses. If you have any questions about an item's eligibility, please contact SelectAccount® customer service at (651) 662-5065 or toll free at 1-800-859-2144.

For over-the-counter expenses, see the [Over-the-Counter Eligibility List](#).

## Eligible medical expenses

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Abdominal supports	Drug addiction/substance abuse treatment	Orthopedic inserts
Abortion	Embryo, egg and sperm storage fees	Oxygen and oxygen equipment
Acupuncture	Eye exams	Patient responsibilities under the medical, dental or vision plan solely because of the plan's deductible, copay (coinsurance), reasonable and customary charge limit or benefit limit
Alcoholism treatment	Eye surgery (laser or radial keratotomy)	Physical exams (routine, medical, well-child)
Ambulance	Eyeglasses – prescription sunglasses/safety glasses	Physical therapy
Arch supports	Eyeglasses – reading	Prenatal/postnatal exams
Artificial limbs	Fertility treatments (e.g., artificial insemination, egg donor fees, in vitro)	Prescription drugs (prescription drugs imported from other countries are not covered)
Asthma treatments/nebulizer	Flu shots	Preventive care screenings (e.g., mammogram, colonoscopy)
Bariatric surgery	Fluoridation treatment at a dental office	Prosthesis
Blood pressure monitoring devices	Gambling addiction treatment	Psychiatric care
Body scans (e.g., MRI, CAT Scan)	Group therapy (for patient)	Shipping and handling fees for eligible expenses
Brace (e.g., knee, back, wrist)	Hearing tests and aids	Sleep study
Breast pumps	Home health care	Smoking cessation medications/programs
Childbirth/lamaze classes (related to birth)	Hormone replacement therapy (HRT)	Speech therapy
Chiropractic treatments (e.g., adjustments)	Immunizations	Taxes paid for eligible expenses
Circumcision	Individual counseling (counseling must be performed to alleviate or prevent a physical or mental defect or illness)	Transportation expenses relative to health care (corresponding medical documentation requested)
Coinsurance amounts (health, dental or vision)	Lab tests	Tubal ligation/tubal ligation reversal
Contact lenses (corrective)	Mastectomy-related special bras	Vaccinations
Convalescent home (for medical treatment only)	Medical records charges	Varicose veins, treatment of
Copayments (health, dental or vision)	Mental health treatment facility	Vasectomy/vasectomy reversal
C-PAP machine and supplies	Nutritional consultation	Walkers/canes (purchase or rental)
Crutches (purchase or rental)	Occlusal guards to prevent teeth grinding	Wheelchair (purchase or rental)
Deductibles (health, dental or vision)	Oral surgery	X-rays
Dental procedures, non-cosmetic (e.g., X-rays, fillings, extractions, crowns, implants)	Organ transplant (including donor's expenses)	
Dentures	Orthodontics	
Diabetic supplies (e.g., insulin, syringe, monitor, insulin pump)		

## Potentially eligible medical expenses (requires Letter of Medical Necessity from health care provider)

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Air conditioner (capital expense)	Genetic testing	Medical conference admission and transportation (excludes meals and lodging)
Air purifier (potential capital expense)	Group therapy for family member	Mentally handicapped residential or group home
Athletic club membership	Guide dog/service animal (purchase, care for, training)	
Automobile modifications (capital expense)	Herbal treatment	Orthopedic shoes
Behavioral modification programs	Holistic or natural healers consult	Personal trainer fees
Breast reconstructive surgery	Home improvements (e.g., exit ramps, widening doorways) (capital expense)	Prescription drugs that also have a cosmetic purpose (e.g., Retin-A, Rogaine, Botox, Propecia)
Breast reduction surgery that is medically necessary	Household products/improvements to treat allergies	Special education costs for dependents with disabilities
Cosmetic surgery (for repair or reconstruction after accident or surgery or for correction of birth defect)	Lactation consultant	Stem cell, harvesting and/or storage of
DNA collection and storage	Lead-based paint removal	Telephone/television equipment for hearing-impaired persons
Dyslexia testing and instruction	Learning disability treatment	Umbilical cord, freezing and storing of
Elevator (capital expense)	Lodging (away from home for outpatient care – special rules may apply)	Weight loss program and medications (if prescribed by a physician for a specific medical condition – excludes food)
Exercise equipment or programs	Manual therapy	
Fluoridation device	Massage therapy	
Food thickeners		

## Ineligible medical expenses

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Birthing tubs	Illegal operations and treatments	Prepayments
Bottled water	Illegally obtained drugs	Prescription drug discount program fees
Braille books/magazines	Insurance premiums	Prescription drugs and medicines imported from other countries
Cleaning service	Late fees (e.g., for late payment of bills for medical services)	Special foods/beverages
Cosmetic surgery and procedures	Lodging while attending a medical conference	Sports training and activities
Cosmetics, hygiene products and similar items	Marijuana or other controlled substances in violation of federal law	Surrogate expenses
Dancing lessons	Marriage counseling	Swimming lessons
Diapers or diaper service	Maternity clothes	Swimming pool and maintenance
Diet foods	Meals	Tanning salons and equipment
Ear or body piercing	Medical newsletter	Teeth whitening
Electrolysis or hair removal	Missed appointment fees	Transportation costs of disabled individual commuting to and from work
Feminine hygiene products (e.g., tampons)	Mouthwash	Travel for general health improvement
Funeral, cremation or burial expenses	New parent/newborn child care classes	Veneers
Hair colorants	Non-prescription eyeglasses, sunglasses, safety glasses or contacts	Vision discount program fees
Hair transplants		
Household help		

## Eligible medical expense

Medical expenses that can be reimbursed through your FSA include services and supplies incurred by you or your eligible dependents for the diagnosis, treatment or prevention of disease or for the amounts you pay for transportation to get medical care.

In general, deductions allowed for medical expenses on your federal income tax according to Internal Revenue Code Section 213 (d) may be reimbursed through your FSA. You cannot deduct medical expenses on your federal income tax that have been reimbursed through your FSA. It is possible that changes in the IRS rules can affect the eligible, potentially eligible, and/or ineligible expense categories.

## Potentially eligible medical expenses

In order to determine eligibility for potentially eligible items, SelectAccount requires a Letter of Medical Necessity from your health care provider. You can obtain a Letter of Medical Necessity to have your health care provider complete at [www.selectaccount.com](http://www.selectaccount.com).

## Capital expense

A capital expense is an improvement and/or special equipment added to a home or other capital expenditure that may be eligible if the primary purpose is medical care. A Letter of Medical Necessity is required from your health care provider. To submit your capital expense, you must have an appraisal of your home within one year prior to the installation and an appraisal after the installation to determine the value added to the home. The amount eligible is the difference between the cost of the expense and the increase in the additional value of your home. If the improvement/special equipment is used by individuals other than the person needing it for medical care, the eligible amount should be divided by the number of people using the item. *Example:* A ramp is purchased for \$3,000 and prior to installation your house is appraised at \$100,000. After installation of the ramp your house is appraised for \$101,000. The amount that is eligible under your FSA is \$2,000.

For assistance in calculating capital expense, the Capital Expense Worksheet is available at [www.selectaccount.com](http://www.selectaccount.com). If you have questions about a capital expense, please contact customer service for a more detailed explanation.

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These lists are intended to serve as a quick reference and are provided with the understanding that SelectAccount is not engaged in rendering tax advice. For more detailed information, please refer to IRS Publication 502, "Medical and Dental Expenses," Catalog Number 15002Q. Publications can be ordered from the IRS by calling 1-800-TAX-FORM (1-800-829-3676). If tax advice is required, seek the services of a competent professional.