

HealthMatters



Get Smart about Prostate Cancer

- ▶ Prostate cancer is the second most common type of cancer among men after skin cancer.
- ▶ The American Cancer Society estimates there will be 192,280 new cases of prostate cancer in the U.S. this year and 27,360 deaths.
- ▶ Prostate cancer usually doesn't produce any noticeable symptoms in its early stages. When urinary signs and symptoms do occur, they can include:
 - Trouble urinating.
 - Starting and stopping while urinating.
 - Decreased force in the stream of urine.
- ▶ Ask your doctor about prostate cancer screening.
 - Screening looks for cancer before a person has any symptoms.
 - This can help find cancer at an early stage, when it may be easier to treat.
 - If you wait until symptoms appear, the cancer may have already begun to spread.

Did You Know?

- ▶ Best Doctors is a free and confidential service
- ▶ Best Doctors was founded by Harvard Medical School Physicians
- ▶ Over 2 million people are covered under Best Doctors
- ▶ 22% of our cases have a change in diagnosis
- ▶ 61% of our cases have a change in treatment

Facing Prostate Cancer

Mark was diagnosed with prostate cancer had a tough decision between three different treatment options:

- ▶ Surgery.
- ▶ Hormone therapy.
- ▶ Radiation treatment.

He wanted an expert opinion so he contacted Best Doctors and had a world-renowned expert review his case. Through Best Doctors, he was able to receive the information he needed to discuss with his doctor. After reviewing the report with his personal doctor, Mark received the best treatment for his situation and is on the road to recovery.

If you have
questions call
1-866-904-0910.