

HealthMatters



Steve's Story

Steve was an active, 37-year-old father of two. One day, he woke up with numbness on one side of his body. His doctor, after a short exam, referred him for an MRI, which showed Steve had a cancerous tumor in his spinal cord. Steve's surgeon told him he would radiate the tumor and then operate. The trouble was, Steve didn't have a tumor at all, and the treatment offered to him would have almost certainly paralyzed him and possibly killed him.

Steve had access to the Best Doctors program that offered him an expert review of his case. Steve called Best Doctors and the experts who reviewed his medical records and MRI recommended that Steve have a different imaging study to rule out a malformed blood vessel as the cause of his problem.

Steve followed the recommendation which showed that, in fact, he had one of these malformations. Steve still needed surgery, but it was a completely different procedure. Now armed with the right diagnosis, Steve got the right surgery and avoided complications that were almost certain to have happened as a result of making a treatment decision based on the wrong diagnosis.

Did You Know?

- ▶ Best Doctors is a free and confidential service
- ▶ Best Doctors was founded by Harvard Medical School Physicians
- ▶ Over 2 million people are covered under Best Doctors
- ▶ There are over 50,000 Expert specialists that work with Best Doctors

If you have
questions call
1-866-904-0910.

A Second Opinion Can Save Your Life

In the fast paced world of medicine, even good physicians can make the wrong diagnosis or select the wrong treatment.

Best Doctors employs a proven process that has shown:

- ▶ 38% of surgeries can be avoided.
- ▶ 22% of cases are misdiagnosed.
- ▶ 61% of cases require a change in treatment.